



THE ARK

Toledo Diocesan Cursillo Mission Statement: Cursillo is a Catholic Lay Movement embraced by the Diocese of Toledo to bring hearts closer to Jesus Christ in order to transform society and be of service to the whole church. It is our mission to form small Christian Communities to deepen Spirituality in ourselves and in others.

October 2025

Application Forms are on the Website:

www.cursillo419.org

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Fall Weekend 2025

Women - October 16-19th

st. Francis Spiritually Center

Spring Weekends 2026

Men - June 4-7th

Women -- June 18 - 21st

At Maria Stein, OH

Spiritual Advisor

Dear Disciples of Christ,

The stated purpose of the Cursillo Movement is to help us live “a conscious and growing life of grace” and then to become agents of the Good News in our everyday environments. There are many spiritual authors who can help us get started on this journey; many reading this letter have been on this path for years! So it’s normal that we question, like the rich man who approached Jesus, “What is there more to do?” Jesus advised the man to “Go, sell what you have and give it to the poor, then come follow me.” So how does that fit us today? What are we to let go of and what are we to embrace as we continue to desire this conscious and growing life of grace, even after years of working at it?

This summer I read Fr. Ronald Rohlheiser’s book, *Sacred Fire: A Vision for a Deeper Human and Christian Maturity*. He gives these recommendations for becoming mature Christian disciples. He calls them “Ten Commandments for the Long Haul” because they are the task that takes most of our lifetime to accomplish – beyond the beginner stage. I found them worth sharing with you.

- 1. Live in gratitude and thank your Creator by enjoying your life.** God didn’t intend life on earth to be merely tolerated as we wait for eternal life. Look around and find something to be grateful for each day. God’s abundant love is ever-flowing. Take time to notice and rejoice.
- 2. Be willing to carry more and more of life’s complexities with empathy.** Indeed, life is complex, with very few “cut and dried” realities. When I am tempted to make hasty judgments about another

person or situation, can I remind myself that there is always more to the “story” than what initially presents itself? Can I grow more patient and empathetic toward the human condition, so fragile and yet so earnest.

- 3. Transform jealousy, anger, bitterness and hatred rather than give them back in kind.** When these feelings get triggered in me, I can either be an electric wire or a filter. I can transmit a painful “current” just as it has come to me, or I can take a few minutes, process what is happening in me, filter out the strong emotion, and respond in a way that I will not later regret. This transforms those feelings and leads more readily to resolution or reconciliation.
- 4. Let suffering soften your heart rather than harden your soul.** Suffering *can* make us more compassionate, more in solidarity with others who suffer, and can lead us to greater self-knowledge, humility and the kind of poverty that draws us closer to God.

5. **Forgive – those who hurt you, your own sins, the unfairness of your life, and God for not rescuing you.** This is a big one! Where am I most called to forgiveness?
6. **Bless more and curse less!** “Blessing” comes from the Latin word, “*benedicere*” which literally means to speak well of someone or to someone. Cursing isn’t what we say when several hours of work is lost in a computer crash or we hit our thumb with a hammer; cursing is speaking of or to someone in a mean, dismissive, judgmental way. “I hate you!” “Shut up!” “He/she” isn’t worth a dime!”, etc. What do I do more of: bless or curse?
7. **Live in a more radical sobriety** Sobriety isn’t just about staying away from alcohol or drugs. It includes that but more: the total honesty with oneself and others that AA groups practice. That involves humility and vulnerability.
8. **Pray, affectively and liturgically.** We need to do both. Affective prayer includes devotional and contemplative prayer – for my benefit. It is also our responsibility to gather with others to pray for others: the needs of the Church and the whole world. Without both we wither and die.
9. **Be wide in your embrace.** Open your heart to all in creation: nature and people. Strive to be inclusive because God is present in each person and each creature. Don’t miss encountering God because of prejudice or apathy or disdain.
10. **Stand where you are supposed to be standing, and let God provide the rest.** If your life or work seems ordinary or insignificant, think again. If you desire to reach out to someone with the Good News, but don’t know how to begin, be your natural self and let God speak through you. If you are trying to be the best person you can be but realize your efforts aren’t always successful, do not give in to discouragement. God is very good at filling in the gaps!

May Ronald Rohlheiser’s “Ten Commandments” be a source of pondering, as they are for me!

Ultreya! Onward, Faithful Disciples!! Love, Sr. Edna



from our
Community
Lay Director

Greetings Sisters and Brothers in Christ,

“You are the light of the world. A city set on a hill cannot be hidden.” Matt 5:14

Cursillo is a short course in Christianity. A wonderful way to grow your faith! A great way to get to know your Lord and Savior more intimately. The Spirit of Cursillo is warm and welcoming, a sense of peace and love and joy. It's also ALIVE and ON FIRE! Through grouping and Ultreya this sense of being alive and on fire for Christ is to continue and grow, much like a city on a hill whose light cannot be hidden!

Each of us is to be the city on the hill in our families and environments. Our light, the light of Christ, will shine no matter where we are as long as we continue our piety, study and action and take it to the world! We are meant to set the world on fire for Christ!

We would like to say a very special "THANK YOU!!" to Sr. Edna Michel and all of the Sisters of St. Francis for hosting us at the Spirituality Center since the spring of 2022. We will miss you dearly, and pray for you and all the changes happening on the Franciscan Campus in the following years. We're very blessed to have had you all as part of our Cursillo journey!

We're especially blessed to be celebrating Cursillo #300, a milestone for the Cursillo movement, and cherish this time together! (This Women's weekend is Oct. 16th thru 19th, 2025)

The Cursillo Movement of the Diocese of Toledo is and will continue to set the world on fire, no matter where we have our retreat weekends!

As we told you at the closing of the men's Cursillo a few weeks ago, the next Cursillo weekends (after this fall) will be in June of 2026 at Maria Stein Retreat Center. We looked into many places and/ or retreat centers while trying to find a "new home" for the movement. Hours of phone calls, visits, emails, text messages and meetings went into our decision. But most importantly prayers for guidance from the secretariat and many of you lead us to our decision. Our biggest hurdles were pricing and scheduling, as most places are booked up a year in advance. Maria Stein is a ways away, but it is also a beautiful retreat facility and we feel blessed to have it booked for 2026. We will set Maria Stein on Fire with the Light of Christ, as we have any place Cursillo has lived.

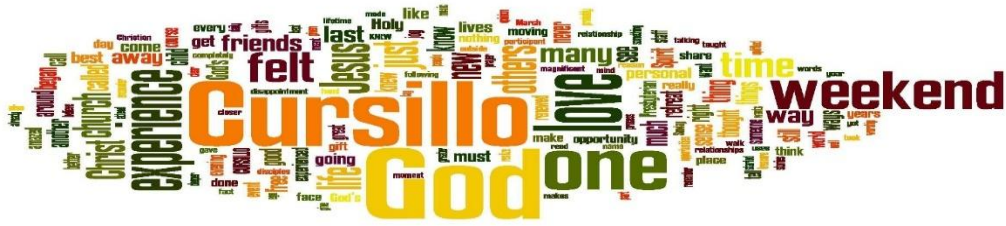
Men's Cursillo #301 will be June 4th - 7th, 2026 at Maria Stein
Rector; Jeff Hammer

Women's Cursillo #302 will be June 18th - 21st, 2026 at Maria Stein
Rector; Mary Lyons

Blessings!

Your Brother and Sister in Christ,
Karen Fritsch and Troy Peebles

Troy Peebles tpeebles411@yahoo.com and Karen Fritsch kittyrg1967@gmail.com



Candidate applications should be sent by email to:

Pat Montgomery At patmontgomery411@gmail.com

By mail: Pat Montgomery 155 E. Keegan St. Deerfield, MI 49238
DeColores, Pre-Cursillo Chairperson

Candidates of Womens #300

Linda Chambers- St. Joseph, Tiffin	Michelle Felk Holy Trinity Bucyrus
Kayla Kain Transfiguration of the Lord Upper Sandusky	Claire Lortz Transfiguration of the Lord Upper Sandusky
Paula McKibben St. Mary Bluffton	Jamie Reno St. Mary, Millersville
Marilyn Rohrbach St. Joseph, Tiffin	Dawn Snyder St Mary/St Francis Tiffin
Julie Walsh St. Joseph Monroeville	Teresa Wright St. Michael Gibsonburg
Jennifer Zoeller St. Joseph Tiffin	

Cursillo

Greetings and blessings to all.

Well, the men's weekend #299 is now in the books. The team and candidates were again guided by the Holy Spirit and that was evident by the remarks at the closing. Thank you Lord!

During the morning in the warmer months of the year, Monica and I have made it a habit to sit on our porch and read our daily meditations to one another. Our porch is screened and surrounded by a huge garden with many bird feeders, grass, bushes, perennials, annuals and wildflowers. The environment makes for good quiet time as well as bird watching.

Monica has always been into nature but for me it is a new and growing love. I find myself fascinated these days by the beauty and uniqueness of God's handiwork. Pollinating bees, beautiful woodpeckers, hummingbirds, Baltimore Orioles (birds not baseball), bluebirds and so many more creatures which my wife identifies for me.

The world seems to be a very scary and ugly place these days but the simple pleasure of watching nature brings it into perspective.

There is a God, I'm not Him so I think I'll sit back and enjoy His creation.

In my opinion, *like God's creation*, I am still a work in progress.

Please treat one another and His creation with love and respect.

Remember those involved in the upcoming Women's Cursillo weekend #300 (PALANCA), both candidates and team members.

If you are interested in working a weekend send your team apps. to Dzaborski411@gmail.com and/or Bob Drewior robertdrewior774@gmail.com.



**Make a friend.
Be a friend.
Bring a friend
to Christ.**

TEAM WOMEN #300

Fr. Jim Morman	Spiritual Director	Deacon Tom Soper	Spiritual Director
Betty Obringer	Rector	Helen Colman	Asst. Rector
Debbie Marciniak	Study of Environments	Mary Ann Hohman	Study, Sacristan
Margaret Boltz	Cursillista...Cursillo / Table Leader	Wendy Schimmoeller	Piety / Shepherd
Elizabeth Brown	Action/ Shepherd	Becky Smeltz	Ideal / Table Leader
Marie Stanhope	Lay person in the Church	Lynelle Lortz	Troubadour
Deb Hammer	Head Shepherd	Elaine Soper	Disciple
Cindy Brodman	Disciple	Helen Keel	Head Disciple
Lorie Kamelesky	Leaders	Kathy Varga	Shepherd/Table Leader
Jan Stainbrook	Disciple	Annabelle Swint	Christianity in Action/ Table Leader
Marilyn Hinegardner	Disciple		

REMINDER +++ REMINDER +++ REMINDER

Bring your name tag and Pilgrims Guide to the closing

POST CURSILLO Fourth Day/the Rest of your life.

Fall is upon us! It's the most colorful time of the year. The women's weekend is fast approaching. The Holy Hour is on Sat. Oct. 18 beginning at 8:00 pm. Deacon Don Fritsch will join us and Angie Mehling will give the witness. The Closing is on Sunday the 19th. Please arrive by 4:00pm so we are ready to begin as soon as team and candidates come in. Karen Fritsch will be giving the witness.

Fall Focus Day is coming up on November 15th from 8:30am - 3:00pm at Fostoria St. Wendelin. Make plans to attend as many of these events as possible. It's a good way to keep the movement alive in our hearts and parishes. God bless all of you as we keep you in our prayers. Becky Smeltz, Bill and Betty Obringer

Toledo Post Cursillo / 4th Day

The next phase, each day building upon the last, going out to to others and to the world. The living out a Christian life in the environment of the real world that Cursillistas encounter everyday. It does not present magic formulas, but offers guidelines and direction for continuing conversion after the weekend.



Autumn is a beautiful time of year and a wonderful time to give thanks to God for his many gifts: changing trees with beautiful leaves, cooler temperatures and crisp nights, fall harvest and so much more including one another.

We are blessed to be able to gather with our fellow Cursillistas at our next School of Leaders on October 18th at St. Michael's In Findlay. We will meet in the Marion room from 9-12.

> Bill Obringer will present scripture reading and reflection.
> Bro. Dan Hall will present pages 113-131 from "What Nobody Ever Told Us".

Eric Holbrook will present Chapters 5 and 6 from "Rediscover Jesus".

Bring a snack to share and encourage a Cursillista friend come with you.
Shirley Fitz



For the new Cursillistas, Laurie Toth - car accident, Greg Miller - back surgery, Karen Bonen - hip replacement, Rami & Carol's 2 daughters - Covid, Barry - gall bladder stones, Barb Hankenhof - lung cancer, Mike - cellulitis, Jonah & Judah - newborn twins with lung issues, Therese Cherry's sister - in hospital, Joe - leukemia, Beth - upcoming sinus surgery, for candidates & team of Cursillo #300.

Ultreya

Area Ultreya Information

Area 2 - Ultreyas are on the 2nd Sunday of each month, 2-3p.m. Jaeger Hall, St Clements Church.

Area 7 & 10—Oct. Ultreya is Oct. 26th at 7pm in the Upper Room of St. Joseph Activity Center in Tiffin.

Area 8 - The October Ultreya will be held on October 13, 2025 at Holy Trinity Parish in Bucyrus from 7:00 - 9:00 P.M. All are welcome!



October promises to be a month full of change and blessing. It is a time of harvest—gathering the fruits of our labor, cleaning out our gardens, and planting bulbs in faith-filled anticipation of the beauty that will bloom in the spring.

So too in our walk with Christ, this is a season of both gathering and planting. Candidates and Cursillistas will come together to share the gifts of the Holy Spirit, encouraging one another and growing deeper in faith. May this October be a time when we open our hearts to God's transforming love and prepare for the new growth He is planting within us. Please offer palanca for our many requests going on around the world including our own Women's #300 being held October 16-19 in Tiffin at the Spirituality Center on the grounds of the Sisters of St. Francis.

De Colores!
Peace & All Good,
Bob & Alicia Swartzmiller

10/2/2025	10/5/2025	Men's 76 (English)	Jefferson City, MO	JC.Cursillo.Serviceteam@gmail.com
10/2/2025	10/5/2025	Women's 229 (Spanish)	Fresno, CA	fresnodecolores@gmail.com
10/2/2025	10/5/2025	Women's 105 (English)	Nashville, TN	LKelso@aol.com
10/2/2025	10/5/2025	Women's 144 (English)	Atlanta, GA	atlantapalanca@yahoo.com
10/2/2025	10/5/2025	Men's 71 (English)	Tulsa, OK	tulsacursillo@gmail.com
10/2/2025	10/5/2025	Women's 227 (English)	New York, NY	jimsantos0624@gmail.com

10/2/2025	10/5/2025	Men's 194 (Spanish)	San Diego, CA	claudiaagramont361@gmail.com
10/2/2025	10/5/2025	Women's 4 (Spanish)	Richmond, VA	cursillo.richmond.spanish@gmail.com
10/2/2025	10/5/2025	Women's 154 (Spanish)	Tulancingo, Hidalgo, Mexico	rokiogc@live.com.mx
10/2/2025	10/5/2025	Men's 59 (English)	Albany, NY	i82muchmandms@gmail.com
10/2/2025	10/5/2025	Women's Cursillo (English)	San Jose, CA	sanjosepalancaletters@gmail.com
10/2/2025	10/5/2025	Men's 71 (English)	Tulsa, OK	mshort8@cox.net
10/2/2025	10/5/2025	Women's 51 (English/Filipino)	San Bernardino, CA	dsbfilipino3day@gmail.com
10/2/2025	10/5/2025	Women's 43 (English)	Venice, FL	iwilllive4ulord@icloud.com
10/2/2025	10/5/2025	Women's 146 (English)	Cape Breton, Canada	cbcursillo@gmail.com
10/2/2025	10/5/2025	Men's 21 (Spanish)	Charlotte NC	cursilloscharlotte2025@gmail.com
10/2/2025	10/5/2025	Women's 96 (English)	St. Ambrose, Yarmouth, NS, Canada	mpollyr@hotmail.com
10/2/2025	10/5/2025	Women's 229 (Spanish)	Fresno, CA	fresnodecolores@gmail.com
10/2/2025	10/5/2025	Women's 295 (Spanish)	San Juan, Argentina	ciolguin@gmail.com
10/2/2025	10/5/2025	Men's 64 (Spanish)	Huehuetenango, Guatemala, C.A.	agUILarbyron122@gmail.com
10/2/2025	10/5/2025	Women's Cursillo (Spanish)	Fresno, CA	fresnodecolores@gmail.com
10/2/2025	10/5/2025	Men's 180 (Spanish)	Hartford, CT	Marilop1778@gmail.com
10/2/2025	10/5/2025	Men's 68 (English)	Youngstown, OH	wjoyce1701@aol.com

10/2/2025	10/5/2025	Men's 111 (English)	Orlando, FL	OrlCursilloPalanca@gmail.com
10/2/2025	10/5/2025	Men's 22 (Hungarian/English)	Val, Fejer Country, Hungary	korosi0205102025@gmail.com
10/2/2025	10/5/2025	Women's 82 (English)	Fort Wayne/South Bend	fwsbcursillowomen@gmail.com
10/2/2025	10/5/2025	Women's 184 (English)	Milwaukee, WI	milwcursillo.palanca@outlook.com
10/2/2025	10/5/2025	Men's 120 (English)	Covington, KY	debbi@cranley.net
10/2/2025	10/5/2025	Women's 167 (English)	Rosemead, CA	clavache@aol.com
10/3/2025	10/5/2025	Women's 14 (Vietnamese/English)	Sacramento, CA	tran.hana@gmail.com
10/4/2025	10/4/2025	Multicultural Liturgy and Ultreya (English/Spanish/Filipino)	Pomona, CA	graceborbe@ymail.com
10/8/2025	10/11/2025	Men's 100 (Italian)	Modena-Nonantola e Carpi, Italy	cursillosmodena@gmail.com
10/9/2025	10/12/2025	Men's 162 (Mandarin)	Taipei, Taiwan	chinesecursillomovement@gmail.com
10/9/2025	10/12/2025	Women's 148 (Mandarin)	Taipei, Taiwan	chinesecursillomovement@gmail.com
10/9/2025	10/12/2025	Women's Cursillo (Spanish)	San Luis Potosí, Mexico	isa.chave92@hotmail.com
10/9/2025	10/12/2025	Men's 35 (Spanish)	Kansas City - St Joseph, MO	mcc.kansascity.mo@gmail.com
10/9/2025	10/12/2025	Men's 390 (English)	Grand Rapids, MI	grcpalanca+390@gmail.com
10/9/2025	10/12/2025	Women's 195 (Spanish)	San Diego, CA	claudiaagramont361@gmail.com
10/9/2025	10/12/2025	Men's 144 (Spanish)	Tulancingo, Hidalgo, Mexico	ortegacoscar1@gmail.com

10/9/2025	10/12/2025	Men's 114 (Spanish)	Dodge City, KS	guillej16@hotmail.com
10/9/2025	10/12/2025	Men's 294 (Spanish)	Miami, FL	sanin.orozco@gmail.com
10/9/2025	10/12/2025	Men's 423 (English)	Detroit, MI	detroitpalanca@gmail.com
10/9/2025	10/12/2025	Women's 33 (English)	Springfield/Cape Girardeau, MO	smcdecolores@gmail.com
10/9/2025	10/12/2025	Men's 6 (English)	Ogdensburg, NY	mdonders@rcdony.org
10/9/2025	10/12/2025	Men's 2 (Spanish)	Scranton, PA	mcceballo65@gmail.com
10/9/2025	10/12/2025	Women's 691 (Vietnamese)	Galveston-Houston, TX	kimchau_617@yahoo.com
10/9/2025	10/12/2025	Men's 1075 (English)	Los Angeles, CA	cursillo.la@gmail.com
10/9/2025	10/12/2025	Women's 106 (English)	Rockford, IL	vscull58@gmail.com
10/9/2025	10/12/2025	Women's Cursillo (English)	Richmond, VA	bblaws1@verizon.net
10/9/2025	10/12/2025	Men's 733 (English)	Orange, CA	palanca@occursillo.org
10/9/2025	10/12/2025	Women's 133 (English)	Springfield & Cape Girardeau, MO	cindyconnelly@gmail.com
10/9/2025	10/12/2025	Men's 300 (English)	Biloxi, MS	palancamscursillo@gmail.com
10/10/2025	10/12/2025	Women's 473 (French)	Outaouais, Quebec, Canada	palancas.ou@gmail.com
10/16/2025	10/19/2025	Women's 84 (English)	Jefferson City, MO	JC.Cursillo.Serviceteam@gmail.com
10/16/2025	10/19/2025	Men's 56 (Spanish)	Trenton, NJ	iselafoy@hotmail.com
10/16/2025	10/19/2025	Women's 35 (Spanish)	Kansas City - St Joseph, MO	mcc.kansascity.mo@gmail.com

10/16/2025	10/19/2025	Women's 80 (English)	Kalamazoo, MI	kalamazoo.palanca@gmail.com
10/16/2025	10/19/2025	Women's 391 (English)	Grand Rapids, MI	grcpalanca+391@gmail.com
10/16/2025	10/19/2025	Women's 84 (English)	Jefferson City, MO	JC.Cursillo.Serviceteam@gmail.com
10/16/2025	10/19/2025	Women's 76 (English)	Scranton, PA	philpatrod1942@gmail.com
10/16/2025	10/19/2025	Men's 485 (Spanish)	Dallas, TX	dianabergara5@gmail.com
10/16/2025	10/19/2025	Men's Cursillo (English)	San Jose, CA	sanjosepalancaletters@gmail.com
10/16/2025	10/19/2025	Men's 95 (English)	Cape Breton, Canada	cbcursillo@gmail.com
10/16/2025	10/19/2025	Men's 692 (Vietnamese)	Galveston-Houston, TX	kimchau_617@yahoo.com
10/16/2025	10/19/2025	Women's 16 (Spanish)	Colorado Springs, CO	sotomirna1968@gmail.com
10/16/2025	10/19/2025	Women's 1076 (English)	Los Angeles, CA	Cursillo.LA@gmail.com
10/16/2025	10/19/2025	Women's Cursillo (Spanish)	Omaha, NE	omahapalanca@gmail.com
10/16/2025	10/19/2025	Men's Cursillo (English)	Rockford, IL	vscull58@gmail.com
10/16/2025	10/19/2025	Women's 53 (Italian)	Assisi-Nocera-Gualdo, Italy	intendenze.assisi@libero.it
10/16/2025	10/19/2025	Women's 119 (English)	Indianapolis/Lafayette, IN	palanca@cursillo-cicc.org
10/16/2025	10/19/2025	Women's 119 (English)	Orlando, FL	orlcursillopalanca@gmail.com
10/23/2025	10/26/2025	Women's 105 (English)	Evansville, IN	cwilzbacher@gmail.com
10/23/2025	10/26/2025	Men's Cursillo (English)	Crookston, MN	crookstoncursillo@gmail.com
10/23/2025	10/26/2025	Women's Cursillo (English)	Sacramento, CA	garciajl24@yahoo.com

10/23/2025	10/26/2025	Men's 4 (Spanish)	Richmond, VA	cursillo.richmond.spanish@gmail.com
10/23/2025	10/26/2025	Women's 27 (English)	Nassau, Bahamas	inks1112@yahoo.com
10/23/2025	10/26/2025	Men's 329 (English)	Manchester, NH	palanca@nhcursillo.org
10/23/2025	10/26/2025	Men's 212 (Spanish)	Rockville Centre, NY	rcharo22@yahoo.com
10/23/2025	10/26/2025	Women's 269 (Spanish)	Miami, FL	sanin.orozco@gmail.com
10/23/2025	10/26/2025	Women's 27 (English)	Bahamas	inks1112@yahoo.com
10/23/2025	10/26/2025	Women's 82 (English)	Charleston, SC	amarcella1206@yahoo.com
10/23/2025	10/26/2025	Women's 27 (English)	Bahamas	inks1112@yahoo.com
10/23/2025	10/26/2025	Women's 31 (English)	Metuchen, NJ	grippobill@gmail.com
10/23/2025	10/26/2025	Men's 212 (Spanish)	Rockville Centre, NY	Alexvasquezfuentes20@hotmail.com
10/23/2025	10/26/2025	Men's 283 (Spanish)	Stockton, CA	kg5752817@gmail.com
10/23/2025	10/26/2025	Women's 734 (English)	Orange, CA	palanca@occursillo.org
10/23/2025	10/26/2025	Women's 181 (Spanish)	Hartford, CT	marilop1778@gmail.com
10/23/2025	10/26/2025	Men's 284 (English)	Gary, IN	staceylg1989@gmail.com
10/23/2025	10/26/2025	Men's 146 (English)	Joliet, IL	intlpalhelp@gmail.com

Witness:

Let us know how God is working in your life email to – judbrick616@gmail.com

Current openings on Secretariat

For your information and reflection -- there are several positions on Secretariat that will be opening for replacements—

**4th Day / POST CURSILLO****Co-School of Leaders****Co- Pre-Cursillo**

The current position holders will be with you one year to familiarize you with the service position you assume/step into.

Please reflect on these openings and hear the Holy Spirit to be the Hands, Feet and Voice of Jesus, you can continue to grow in your faith!

'What a shame it would be if someone came looking for Christ and only found us! But what a blessing if they came looking for us and found Christ!!'

Eduardo Bonnin, Founder Cursillo Movement

NATIONAL CURSILLO INFORMATION: www.natl-cursillo.org Read about Cursillo news, palanca requests from around the world, or read the national newsletter.

TOLEDO CURSILLO WEBSITE: www.cursillo419.org Go here to view news of upcoming events, read the current month's Ark or download forms.